



Coaching Out of the Box®

In today's increasingly complex and multi-tasked workplace, demands on individuals to maximize performance and work cohesively with co-workers are immense. The integration of various coaching techniques into the workplace adds a valuable skill set for leaders, managers, and executives. The benefits also extend throughout the organization for which they work.

Who the program is designed for?

This program is designed for working professionals in various fields who wish to implement recognized coaching techniques into their organizational practices and leadership approach. It introduces interested participants to the fundamentals of coaching to support their day-to-day interactions with colleagues and customers.

Develop your skills.

Coaching Out of the Box® will provide communication skills, leadership skills and coaching principles that are immediately applicable in the workplace.

This program will:

- Introduce participants to coaching and address the role of coaches and the value of coaching in organizations.
- Enhance leadership and communication techniques
- Provide a "Coaching Out of the Box®" workbook for future use as well as desktop references, a 365 Coaching Questions booklet, Coaching DVD, and other resources.

How the program is structured:

Typically, the 5·5·5 Coaching Model is presented in three half days covering:

The 5 Core Coaching Skills
The 5 Step Coaching Exchange
The 5 Guiding Principles

Other scheduling options may be arranged. Individual follow-up sessions can also be provided for participants that will reinforce the "coaching out of the box" process.

In an interactive environment participants will learn simple and eloquent coaching skills and processes. A variety of scenarios and coaching situations will be explored. Participants will be provided the opportunity to practice newly learned coaching skills.

For further information:

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